



## Future In Mind – Telford & Wrekin

On 24th November 2016 the Severn Teaching School Alliance, in partnership with Telford and Wrekin Council and Telford and Wrekin Clinical Commissioning Group (CCG) launched Future in Mind T&W.

- Each organisation nominated an Emotional Health and Wellbeing Lead (the most appropriate person within their setting)
- The Lead attended the termly Continuing Professional Development
- The Lead delivered the Continuing Professional Development in their own setting and worked with staff to complete the gap task
- The Emotional Health and Wellbeing Lead attended a termly network meeting and shared good practice from the gap task

### What every organisation received

- Termly high quality CPD based on an aspect of emotional health and wellbeing identified as a key aspect within T&W – topics covered to date include e-safety and grief and loss
- All resources from the CPD session along with slides to cascade training to school staff
- Termly gap task set to trial and embed good practice
- Termly network meeting to share the outcomes from the gap task

### Who was involved?

In 2016/17 there were 53 primary schools, 10 secondary schools and 14 services with Future in Mind SLAs.

### Aspects of emotional health and wellbeing being addressed through FIM:

These aspects will be covered alongside addressing local emotional health and wellbeing trends

1. Understanding Mental Health and Wellbeing
2. Developing Assessment for Wellbeing
3. Understanding Attachment and Trauma
4. Children and Young People diagnosed with Autism: Management and Support Issues
5. Children and Young People diagnosed with ADHD: Management and Support Issues
6. Understanding stress, depression and anxiety
7. Managing Anger
8. Understanding Self-harm
9. Mindfulness

### How will the Future in Mind project remain sustainable?

A Service Level Agreement is established between each organisation and the Teaching School costing £300 per annum

- The SLA provides all the CPD and resources for the year

### Where can I find £300?

This is less than 1/3 of the PPG for one child, which will support the emotional health and wellbeing of the whole organisation.

Ofsted 2015 – Personal Development, Behaviour and Welfare

Outstanding judgement:

‘Pupils can explain accurately and confidently how to keep themselves healthy. They make informed choices about healthy eating, fitness and their emotional and mental well-being. They have an age-appropriate understanding of healthy relationships and are confident in staying safe from abuse and exploitation’.

Good judgement:

‘The school’s open culture promotes all aspects of pupils’ welfare. Pupils are safe and feel safe. They have opportunities to learn how to keep themselves safe. They enjoy learning about how to stay healthy and about emotional and mental health, safe and positive relationships and how to prevent misuse of technology’.

Service Level Agreements for 2017/18 were sent to all Telford schools, settings and services during the Summer term 2017. For further information please contact [info@severnteachingschool.co.uk](mailto:info@severnteachingschool.co.uk)

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